



## Eighth Sunday After Pentecost

14 July 2024

### SEA SUNDAY

Gathering in God's name

Page 119 (Green "A Prayerbook for Australia")

#### Entrance Hymn

219(ii) TIS Jesus comes with all his grace

#### Sentence

Who shall stand in the Lord's holy place? Those who have clean hands and pure hearts, who do not lift up their hands to what is false. Psalm 24.3-4

#### Invitation to Confession

*'Hear, O Israel, the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.'* Jesus said: *'This is the great and first commandment. And a second is like it: you shall love your neighbour as yourself.'*

*Silence may be kept*

Let us confess our sins in penitence and faith, confident in God's forgiveness.

Page 120 **Merciful God**....

#### The Collect of the day

Eternal God,

open our eyes to see your hand at work

in the splendour of creation

and in the beauty of human life.

Help us to cherish the gifts that surround us,

to share our blessings with our sisters and brothers, and to experience the joy of

life in your presence; through Jesus Christ our Lord,

who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and

ever. **Amen.**

## Collect for Seafarers

Heavenly Father, we commend to you all seafarers.

Guard and protect them in danger and temptation;

sustain them in loneliness;

and support them in sickness and anxiety.

Bless all who minister to them.

Watch over those who are near and dear to them,

and grant them the blessing of your presence.

These things we ask through Jesus Christ our Lord. **Amen**

## THE MINISTRY OF THE WORD

### First Reading

2 Samuel 6.1-5, 12b-19

David again gathered all the chosen men of Israel, thirty thousand. David and all the people with him set out and went from Baale-judah, to bring up from there the ark of God, which is called by the name of the Lord of hosts who is enthroned on the cherubim. They carried the ark of God on a new cart, and brought it out of the house of Abinadab, which was on the hill. Uzzah and Ahio, the sons of Abinadab, were driving the new cart with the ark of God; and Ahio went in front of the ark. David and all the house of Israel were dancing before the Lord with all their might, with songs and lyres and harps and tambourines and castanets and cymbals.

It was told King David, 'The Lord has blessed the household of Obed-edom and all that belongs to him, because of the ark of God.' So David went and brought up the ark of God from the house of Obed-edom to the city of David with rejoicing; and when those who bore the ark of the Lord had gone six paces, he sacrificed an ox and a fatling. David danced before the Lord with all his might; David was girded with a linen ephod. So David and all the house of Israel brought up the ark of the Lord with shouting, and with the sound of the trumpet.

As the ark of the Lord came into the city of David, Michal daughter of Saul looked out of the window, and saw King David leaping and dancing before the Lord; and she despised him in her heart.

They brought in the ark of the Lord, and set it in its place, inside the tent that David had pitched for it; and David offered burnt-offerings and offerings of well-being before the Lord. When David had finished offering the burnt-offerings and the offerings of well-being, he blessed the people in the name of the Lord of hosts, and distributed food among all the people, the whole multitude of Israel, both men and women, to each a cake of bread, a portion of meat, and a cake of raisins. Then all the people went back to their homes.

Hear the word of the Lord,  
**thanks be to God.**

**Psalm**

24

- 1 The earth is the Lord's and all that is in it:  
the compass of the world and those who dwell therein.*
- 2 For he has founded it upon the seas:  
and established it upon the waters.*
- 3 Who shall ascend the hill of the Lord:  
or who shall stand in his holy place?*
- 4 Those who have clean hands and a pure heart:  
who have not set their soul upon idols,  
nor sworn their oath to a lie.*
- 5 They shall receive blessing from the Lord:  
and recompense from the God of their salvation.*
- 6 Of such a kind as this are those who seek him:  
those who seek your face, O God of Jacob.*
- 7 Lift up your heads, O you gates,  
and be lifted up, you everlasting doors:  
and the King of glory shall come in.*
- 8 Who is the King of glory?:  
the Lord, strong and mighty, the Lord mighty in battle.*
- 9 Lift up your heads, O you gates,  
and be lifted up, you everlasting doors:  
and the King of glory shall come in.*
- 10 Who is the King of glory?:  
the Lord of hosts, he is the King of glory.*

**Second Reading**

Ephesians 1.1–14

THE LETTER OF PAUL TO THE  
Ephesians

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, just as he chose us in Christ before the foundation of the world to be holy and blameless before him in love. He destined us for adoption as his children through Jesus Christ, according to the good pleasure of his will, to the praise of his glorious grace that he freely bestowed on us in the Beloved. In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace that he lavished on us. With all wisdom and insight he has made known to us the mystery of his will, according to his good pleasure that he set forth in Christ, as a plan for

the fullness of time, to gather up all things in him, things in heaven and things on earth. In Christ we have also obtained an inheritance, having been destined according to the purpose of him who accomplishes all things according to his counsel and will, so that we, who were the first to set our hope on Christ, might live for the praise of his glory. In him you also, when you had heard the word of truth, the gospel of your salvation, and had believed in him, were marked with the seal of the promised Holy Spirit; this is the pledge of our inheritance towards redemption as God's own people, to the praise of his glory.

Hear the word of the Lord.

**Thanks be to God.**

## **The Gospel**

Mark 6.14-29

*Alleluia, alleluia, alleluia.*

*May the God of our Lord Jesus Christ enlighten the eyes of our hearts, that we may know the hope to which we are called.*

**Alleluia, alleluia, alleluia.**

The Lord be with you.

**And also with you.**

The Gospel of our Lord Jesus Christ according to Mark

**Glory to you Lord Jesus Christ.**

King Herod heard of it, for Jesus' name had become known. Some were saying, 'John the baptizer has been raised from the dead; and for this reason these powers are at work in him.' But others said, 'It is Elijah.' And others said, 'It is a prophet, like one of the prophets of old.' But when Herod heard of it, he said, 'John, whom I beheaded, has been raised.'

For Herod himself had sent men who arrested John, bound him, and put him in prison on account of Herodias, his brother Philip's wife, because Herod had married her. For John had been telling Herod, 'It is not lawful for you to have your brother's wife.' And Herodias had a grudge against him, and wanted to kill him. But she could not, for Herod feared John, knowing that he was a righteous and holy man, and he protected him. When he heard him, he was greatly perplexed; and yet he liked to listen to him. But an opportunity came when Herod on his birthday gave a banquet for his courtiers and officers and for the leaders of Galilee. When his daughter Herodias came in and danced, she pleased Herod and his guests; and the king said to the girl, 'Ask me for whatever you wish, and I will give it.' And he solemnly swore to her, 'Whatever you ask me, I will give you, even half of my kingdom.' She went out and said to her mother, 'What should I ask for?' She replied, 'The head of John the baptizer.' Immediately she rushed back to the king and requested, 'I want you to give me at once the head of John the

Baptist on a platter.’ The king was deeply grieved; yet out of regard for his oaths and for the guests, he did not want to refuse her. Immediately the king sent a soldier of the guard with orders to bring John’s head. He went and beheaded him in the prison, brought his head on a platter, and gave it to the girl. Then the girl gave it to her mother. When his disciples heard about it, they came and took his body, and laid it in a tomb.

This is the Gospel of the Lord.

**Praise to you Lord Jesus Christ.**

**Offertory Hymn**                    527 TIS See us, Lord about your altar

**The Great Thanksgiving** Thanksgiving 1 on page 139

**The Lord’s Prayer**                Page 141

**Communion Anthem**        *Prière á Notre-Dame from Suite Gothique, Op. 25*  
– Léon Boëllmann (1862-1897)

**Post Communion & Blessing**    Page 143

**Mission Hymn**                    221 TIS Glory to God on high

**Organ Postlude**                “Menuet Gothique” from Suite Gothique Op 25  
– Léon Boëllmann (1862-1897)

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### **SEA SUNDAY, 14 JULY**

Then I saw another angel flying in midheaven, with an eternal gospel to proclaim to those who live on the earth, to every nation and tribe and language and people. Revelation 14.6.

As I sit and write this, I am an hour’s drive from the sea, and for others it is even further. But for nearly 2 million people who call the sea their home they face away from the land, not towards it. Their country is the thousands of kms of wide, open sea, their highway to the next port. Despite the best meteorological assistance available to ships, the sea still remains changing and highly dangerous, and the history is sobering.

Those growing up in the 1970’s and 80’s might remember Gordon Lightfoot’s ballad, The Wreck of the Edmund Fitzgerald, written and sung in 1976. The SS Edmund Fitzgerald traversed Lake Superior on 9 November 1975, a 25,000 tonne freighter carrying ore pellets, bound for Detroit. Encountering a heavy storm she sank with all 29 hands.

I joined the Missions to Seafarers when the tragedy of the MV Derbyshire was still fresh in people’s minds. Lost on 9 September 1980 during Typhoon

Orchid, south of Japan, all 42 crew members and 2 of their wives were killed. At 91,655 tons she is the largest British ship ever to have been lost at sea. Today, danger may come more often from piracy, but the wide, open sea remains as ever, unpredictable.

Sea Sunday, on 14 July, once again gives thanks for the work of the largest mission in the Anglican Communion, the Missions to Seafarers. Founded in Bristol, UK, in 1856, the first 'station' or centre, was opened in Australia in 1906/07 when the Victorian Seamen's Mission (itself founded in 1857) merged with the Mission. Today the centre at 717 Flinders Street, serving the Port of Melbourne is not only the oldest but the largest mission in the country.

There are 27 centres around the country where seafarers know they can go for physical, spiritual and emotional support. The centres are largely staffed by volunteers and often provide transport from ships docked in port to the local mission. The number of seafarers attending centres since 2022 has increased from 23,263 to 78,193, which shows how effective and needed the ministry of the mission is. Sadly, the increase in volunteers has been much smaller, rising from 309 to only 375.

The challenges facing seafarers are multilayered and complex. At the forthcoming annual Conference in Fremantle, the conference speakers will cover a range of subjects from ship visiting, piracy, bullying and harassment, port welfare committees, and cruise ships. To respond to the short turnaround times in port and the increasingly smaller crews the Mission has developed both the Seafarers Happiness Index (which kind of shipping has the most stress related crews?), and the Happy at Sea App enabling seafarers to access a range of services.

Please pray for the ministry of the Mission. Whether you are near the coast or not.

Please consider financially supporting the mission at [www.mts.org.au/donations](http://www.mts.org.au/donations)

Many thanks for your consideration

In Christ

+ Jeremy James tssf

Chair Mission to Seafarers Australia Council



## Cathedral Parish Directory

[www.graftoncathedral.org.au](http://www.graftoncathedral.org.au)

<b>Dean</b>	The Very Reverend Naomi Cooke dean@graftoncathedral.org.au	0404 137 149
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<b>Cathedral Bookshop</b>	bookshop@graftoncathedral.org.au	02 6642 3958
<b>Cathedral OpShop</b>	Ms Linda Butler	02 6642 2844

### Prayers for those in need

Joy Baldwin Sue Cotter Gail Gilmore Allen Madden Margaret Kay Amy McArdle	Ruth Kingsley John McAnally Elaine Stephenson Roy Ford Joyce Clague John McFarlane	Kay Metcalfe Mervyn Kingsley Aneta Jones Grace Clague Kahla Clague
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### Remembering those who have died

**Recently Departed:** Vorna Cooper & John Adams  
**Year's Mind:** Peter Sandow, Bobbie Alexander & Ray Power

## Around the Parish this Week

<b>Today</b>	<p><b>EIGHTH SUNDAY AFTER PENTECOST</b>  <b>SEA SUNDAY</b>  <b>9.00am – Cathedral Live &amp; Online:</b>  <a href="http://www.graftoncathedral.org.au/livestream">www.graftoncathedral.org.au/livestream</a></p>
<b>Weekdays</b>	<p><b>Morning Prayer</b> 8.30am Mon - Fri at the Cathedral &amp; via Zoom  <b>Evening Prayer</b> 5.15 Wed, Thurs &amp; Fri <b>Zoom only</b></p> <p style="color: red;">Simply use the link on the Cathedral web page <b>CALENDAR</b> to access via Zoom</p> <p><b>Cathedral Office</b> <span style="float: right;"><b>9.00am–5.00pm(9-3 Fri)</b></span></p> <p><b>Cathedral Bookshop</b> <span style="float: right;"><b>9.30am–3.30pm(Tues-Fri)</b></span></p> <p><b>Cathedral OpShop</b> <b>10.00am–4.00pm (Mon – Fri) 9.00-12.00 (Sat)</b></p> <p><b>Wednesday Worship</b> <span style="float: right;"><b>at 10.00 am</b></span></p> <p>Please ensure that we have your email address and mobile number so we can reach out to you with information, news and pastoral support. If you need pastoral care or other support, please call either  <b>Dean Naomi, Canon Camellia or Deacon Grant.</b></p>
<b>Next Sunday</b>	<p><b>NINTH SUNDAY AFTER PENTECOST</b>  <span style="color: red;"><i>140 yrs since Dedication of the Cathedral</i></span>  <span style="color: red;"><i>Celebrating St James Day</i></span>  <b>Followed by morning tea on the steps of the Cathedral.</b>  <b>9.00am – Cathedral Live &amp; Online:</b>  <a href="http://www.graftoncathedral.org.au/livestream">www.graftoncathedral.org.au/livestream</a></p>
<b>Birthdays this coming week</b>	Claire Purvis & Pam Kautto

### Cathedral Prayer

Living and eternal Christ bless the ministry of this Cathedral as a place of pilgrimage and prayer. May our doors always be open to pilgrims, may our hearts always be open to one another, and may our minds always be open to new truth. Draw us deeply into the mystery of your life, your death and your resurrection, now and always. Amen.